

Positive Alternatives 2017 - 19 Quarterly Update

Grantee (Name and city): Caring Pregnancy Center (DBA Options Pregnancy Center), Fairmont Vendor #: 0000285530

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Goal: To provide necessary services and referrals to pregnant and parenting women in south-central MN

Population: Pregnant and parenting women in south-central MN

For the period/quarter: October 1 – December 31, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Supervised grant staff. Prepared quarterly reports and monthly invoices. Attended required grant meeting in October.	
Outreach	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Continued newspaper advertising in underserved communities near our location. Continuing work on updating brochures. Consulting with marketing professional to expand outreach to clients.	
Case Management Services	Provide on-going telephone and/or office appointments for clients testing positive for pregnancy	45	Client Advocates provide ongoing office visits with clients during pregnancy and after. Phone calls/text messages/emails are made to remind clients of appointments and/or to follow up if clients do not come in for their appointment. Several vulnerable clients	215

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			received extra attention from the Client Advocates during the holiday season.	
Crib Distribution/ Sleep Safety Education	Enroll clients in Sleep Safely Program Provide information and education on pregnancy, infant care, and parenting Provide crib upon completion of program Deliver and assemble crib if needed	36	Program is well established and accepted by both clients and other community agencies. Additional promotion of this program is being planned for 2018.	57
Employment Assistance	Enroll participants in Work Readiness Project Conduct assessment of work readiness skills Provide work station and mentoring Provide evaluation, incentive and references	32	Participation if the Work Readiness Project continues to be sporadic. Some participants stay in the program a very short time; some because they find a regular job, some decide they would rather not have a job. The strong job market in our area makes it easier for clients to quickly move to regular employment, if desired.	46
Life-Skills Education Program	Provide educational components for program participants as needs are identified. Components may include, but not limited to, job search, job interviewing, finance/budgeting, nutrition/cooking, alcohol/drug use education, and relationships	18	All participants in the Work readiness Project receive information on job searches, applications and interviews. Housing and budgets are frequent topics with clients. Several clients dealing with eviction/homeless issues.	30

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Material Support	Provide material assistance such as diapers, maternity and baby clothes, and basic housekeeping needs to pregnant and parenting women	30	Requests for diapers continue to be high. Requests for winter clothing and blankets for infants were high this quarter. Clothing and winter coats from our thrift store, Twelve Baskets, were also in need for many of our mothers.	135
Nutrition	Provide infant formula and baby food Provide nutrition education Provide WIC and food shelf referrals	9	Many requests for assistance with formula. We were able to assist several clients with additional emergency assistance from local food shelves.	22
Parenting Education	Provide parenting education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	35	Client Advocates provide parenting education as part of our crib program and as part of other client visits. We continue to review and update our educational materials as needed.	87
Pregnancy Education	Provide pregnancy education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	30	Pregnancy education is a focus of our crib program and on-going client visits. Materials are reviewed and updated as needed.	38
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing.	3	Requests for pregnancy tests are low. Low cost of tests and expanded insurance make the need for a free pregnancy test less necessary.	1

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Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	12	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. When needed, Client Advocates will assist clients with contacting other agencies for services.	23
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. When needed, Client Advocates will assist clients with contacting other agencies for services. This quarter all clients requested to participate in one or more of the services available at Options Pregnancy Center.	0
Transportation	Provide gas cards or bus tokens for clients to attend Center appointments or medical appointments	4	More clients are traveling to the center from greater distances. This may be a result of our advertising in underserved communities in neighboring counties.	10

Maternal and Child Health Initiative Task Force Strategies	No.
Number of women who received car seats and car seat safety education from a PA funded program activity	0
Number of women who received car seat safety education only from a PA funded program activity	6
Number of women who received child abuse prevention education from a PA funded program activity	17
Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity	25
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity	19
Number of women who received sleep safety education only from a PA funded program activity	16

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